



Gillian  
Caroe

## Facilitation CV

Mediator | Facilitator | Coach

### Profile Overview

I have been facilitating groups for over 20 years and have been trained by some of the leading pioneers in the field. My business background and my carefully honed communication skills coupled with my understanding of effective models and tools enable me to offer clients an experience that will help them get results.

### Contact



[info@gilliancaroe.com](mailto:info@gilliancaroe.com)



Eastbourne, UK



[gilliancaroe.com](http://gilliancaroe.com)



[@gilliancaroe](https://www.linkedin.com/company/gilliancaroe)

### Professional Background

Before becoming a full-time mediator, facilitator and coach:

- I had a successful career in international business with Mars Inc. one of the world's top companies.
- I worked in UK, European and Global roles across 7 different business functions in 20 different countries.
- As well as establishing a successful track record in delivery, I developed a deep and broad understanding of business issues, interests and imperatives. I bring this wealth of experience into my practice.

### Personal Style

Clients tell me they appreciate my thoughtful and creative approach. They value the clarity I bring and the innovative way I enable groups to speak more openly, listen more carefully and identify the key issues. I work to create a sufficiently safe space to have the difficult conversations in a productive way and use a range of tools, props and models to stimulate thinking. I am outcome-focused and committed to ensuring the intervention results in a clear action plan for next steps.

*"Gillian's dedication to aligning on event goals and her adept facilitation created a secure and purpose-driven environment for the team, ensuring successful decision-making and progress."*

**George O'Neill** | Chief Executive, Cardinal Hume Centre

### Areas of Expertise

- Values-Based Team Charter
- Business Plan Development
- Maximising Meeting Effectiveness
- Addressing Conflict Effectively